

40 DAY PRAYER & FAST CALENDAR

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
February 16 Matthew 6:33 "Seeking God's Kingdom First" Focus: God's rule & righteousness - highest priority.	February 17 Romans 8:28 "Trusting God's Sovereign Purpose" Focus: View every experience for divine impact.	February 18 Proverbs 3:5-6 "Fully Trusting God's Direction" Focus: Full dependence on God's direction, not human understanding.	February 19 Colossians 1:16 "Living for God's Glory" Focus: Live for God who created us for His glory.	February 20 Matthew 16:19 "Exercising Kingdom Authority" Focus: Operate in heaven's power on earth.	February 21 Luke 17:21 "Living the Kingdom Within" Focus: Experience inward transformation governed by God.	February 22 Sundays are free days.
February 23 John 15:5 "Bearing Fruit in Christ" Focus: Connected to Christ ensures maximum kingdom impact.	February 24 Ephesians 2:10 "Fulfilling God's Assigned Works" Focus: Live intentionally meant for kingdom assignments.	February 25 Psalm 127:1 "Building God's Way" Focus: Ensure faithful labor produces lasting impact.	February 26 Isaiah 55:11 "Aligning with God's Word" Focus: God's Word guarantees divine results.	February 27 Philippians 3:14 "Pressing Toward God's Call" Focus: Focused on eternal purpose over temporary gain.	February 28 Matthew 28:19-20 "Advancing the Great Commission" Focus: Purposely advancing God's mission in the earth.	March 1 Sundays are free days.
March 2 1 Corinthians 2:9 "Positioned for Greater Kingdom Impact" Focus: Positioned for impact beyond human imagination.	March 3 Romans 12:1-2 "Transformed by Renewed Minds" Focus: Renewed minds for sustained kingdom alignment.	March 4 Psalm 37:23 "Walking in Ordered Steps" Focus: Allow God to direct every step toward greater impact.	March 5 John 18:36 "Living by Kingdom Values" Focus: Living by heaven's values, not worldly systems.	March 6 Daniel 2:21 "Honoring God's Sovereign Rule" Focus: Acknowledge God's sovereign control over influence and authority.	March 7 Isaiah 61:1 "Empowered for Transformational Impact" Focus: Empower for transformational impact.	March 8 Sundays are free days.
March 9 Hebrews 12:28 "Standing in an Unshakable Kingdom" Focus: Establish within an unshakable kingdom foundation.	March 10 2 Corinthians 5:20 "Representing Christ Faithfully" Focus: Confirmed as an advocate and representative of heaven.	March 11 Psalm 115:16 "Stewarding Kingdom Influence" Focus: Empower believers to steward earthly influence for kingdom purposes.	March 12 Acts 1:8 "Empowered by the Holy Spirit" Focus: Release Holy Ghost power for greater impact.	March 13 Matthew 13:31-32 "Growing Kingdom Impact" Focus: Small beginnings can produce global impact.	March 14 Zechariah 4:6 "Relying on God's Spirit" Focus: Rely upon God's Spirit, not human strength	March 15 Sundays are free days.
March 16 Psalm 33:11 "Submitting to God's Counsel" Focus: Ensure our plans match God's eternal purpose.	March 17 1 Peter 2:9 "Living Our Kingdom Identity" Focus: Identity and calling to display God's glory.	March 18 James 1:22 "Obedient Kingdom Living" Focus: Demonstrate through obedience, not words alone.	March 19 Isaiah 9:7 "Connected to God's Reign" Focus: Connects us to ever-expanding divine influence.	March 20 Luke 4:43 "Proclaiming the Kingdom Message" Focus: Maintain kingdom message central to our mission.	March 21 Proverbs 16:3 "Committing Our Works to God" Focus: Secures divine success when our plans are surrendered.	March 22 Sundays are free days.
March 23 Matthew 5:16 "Reflecting God's Glory" Focus: Live to publicly glorify God.	March 24 Isaiah 60:1 "Arising in God's Light" Focus: Activate visibility and kingdom impact in appointed seasons.	March 25 John 10:10 "Live the Abundance Life" Focus: Restore purpose, abundance, and effectiveness.	March 26 Psalm 145:13 "Anchored in God's Dominion" Focus: Anchored in God's eternal dominion.	March 27 Galatians 5:16 "Walk in the Spirit" Focus: Maintain spiritual discipline and submission.	March 28 1 Corinthians 4:20 "Demonstrating Kingdom Power" Focus: Show demonstrable power and authority.	March 29 Sundays are free days.
March 30 Isaiah 45:2-3 "Accessing Divine Provision" Focus: Opens doors and uncovers divine treasures.	March 31 Matthew 12:28 "Revealing God's Reign" Focus: Tangible evidence of God's reign.	April 1 Psalm 40:8 "Delighting in God's Will" Focus: Heart that delights in obedience.	April 2 Revelation 11:15 "Anticipating Kingdom Victory" Focus: Anticipates ultimate victory and eternal impact.	April 3 Good Friday RLMI Resurrection Production	April 4	April 5 Risen Sunday at Redeeming Life Ministries International

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Daily Provisional Prayer

“Heavenly Father, We humbly seek Your blessings and grace to guide us through each day of these 40 days.

Show us with Your boundless mercy and favor, allowing Your presence to envelop us in peace and strength. In Jesus' name, we pray.

Amen.”

Daily Prayer Strategy: Monday through Saturday, please set aside 15 minutes, a time of your choosing, to devote yourself to reading the daily scriptures and conclude with prayer, regarding the topic specified.

FIVE ESSENTIAL KEYS TO ANSWERED PRAYER

Adoration

The prayer of adoration praises God for who He is. (Psalm 117:1-2). Consider God's holy character; He is omniscient, omnipotent, and omnipresent. He's the "I Am that I Am" (Exodus 3:14) and for that, we should adore Him!

Confession

Confession is good for the soul! 1 John 1:9 directs us to confess our sins so that God may forgive us and cleanse us from all unrighteousness. Refer to Psalm 51:3-4 & 139:23-24.

Supplication

To gracefully approach God's presence, in prayer, with a spirit of humility and humbleness (Philippians 4:6; 2 Chronicles 7:14). God withholds no good thing from those who will pray with humility and walk uprightly before Him. Refer to Psalm 84:11.

Intercession

Seeking the Kingdom of God, we seek God's will in intercession for lost souls. Refer to Romans 1:8-12; Luke 22:31-32 and John 17.

Thanksgiving

Our gratitude for personal benefits received from God. The Bible calls this the "Sacrifice of Praise," the sacred offering and "fruit of the lips."

Refer to Hebrews 13:15 and Psalm 107:8.

Fasting Guidelines

Fast from 6:00 am to 6:00 pm Monday – Saturday

Saturday regular 8:30 am corporate prayer!

Sundays are free days

Whole Grains: i.e., Barley, Brown Rice, Oats, Whole Grain Breads

Legumes: i.e., Black Eyed Peas, Dried Beans, Lentils, Pinto Beans, Soybeans, Split Peas,

Fruits: i.e., Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantaloupe, Cherries, Cranberries, Figs, Grapefruit, Grapes, Guava, Honeydew Melon, Kiwi, Lemons, Limes, Mangoes, Nectarines, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangelos, Tangerines, Watermelon

ALL Vegetables: i.e., Artichokes, Asparagus, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplant, Garlic, Gingerroot, Greens: Kale, Leeks, Lettuce, Mushrooms, Mustard, Okra, Olives, Onions, Parsley, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini and Spices

Nuts & Seeds: i.e., All

Liquids: i.e., Natural Fruit Juices, Natural Vegetable Juices, Water

Meat: i.e., Cheese, Eggs, Fish, Lamb, Poultry, Seafood, Yogurt

Sweeteners: i.e., Brown Sugar, Honey, Stevia and other Natural Sweeteners

Oils: i.e., Avocado Oil, Coconut Oil, and Olive Oil

Foods To Avoid

White Rice, Fried Foods, Carbonated Beverages, Foods Containing Preservatives or Additives, Refined Sugar, Sugar Substitutes, White Flour and All Products using it, Margarine, Butter, Shortening, High Fat Products; Desserts, Candy, etc.

*This list is intended to be a guideline and is not all-inclusive. Please consult your physician if you have any medical concerns regarding these guidelines.